

## Sue Timoney completes year long challenge to raise money for skin cancer research with Great North Run

Skin cancer survivor and mum of two, Sue Timoney, has just completed the Great North Run on Sunday 13<sup>th</sup> September to raise money for skin cancer research. Sue, 44, from York took on the famous half marathon from Newcastle upon Tyne to South Shields, across the iconic Tyne Bridge finishing in 2 hours 7 minutes.

The Great North Run was the final event in a series of challenges Sue set herself over a year, bringing the amount she has raised for skin cancer research to over £6,300 (smashing her initial £3,000 target).

Sue explained why she challenged herself, *“I feel I am one of the lucky ones, my cancer was less than 1mm, so hopefully they have got it all out now, and I just need to keep going for checks to make sure it has not spread. I know that there are many people much worse off than me.”*



Sue’s epic year of fundraising began with the Three Peaks Challenge – climbing Ben Nevis, Scafell Pike & Snowdon in under 24 hours. She also took on the York 10k, the Leeds Half Marathon and put on two sell-out fashion shows.

*“On the final challenge, my eyes were full of tears during the first mile, knowing that for me it could have been a different outcome. I thought of all the people that Melanoma has affected and may still in the future. Each and every one of my challenges have brought me back to reality, reinforcing and driving forward my passion to raise awareness of this terrible growing cancer. I wore my It Take 7 shirt with pride and I completed the Great North Run with a personal best for a half marathon. Thank you to everyone that has helped make this possible.”* **Sue Timoney.**



Images: Main, Sue at the Great North Run; above L-R, Homemade poster by Sue’s children; Sue with daughters Grace (left) and Fenella (right); Sue at the top of Ben Nevis; Sue at the Leeds Half Marathon.

**There’s still time to donate or read more about Sue’s challenge here:**  
<http://www.ittakesseven.org.uk/team/profile/sue-timoneys-12-month-team-challenge>

## Press release

The **British Skin Foundation** is the only UK charity dedicated to raising funds for skin disease and skin cancer research. There are **eight million** people living with a skin disease in the UK, some are manageable and others are severe enough to kill. **Seven** people die every day in the UK from skin cancer. **It Takes 7** is a fundraising campaign set up to raise as much money as possible to fund research into skin cancer.

Skin disease doesn't just affect the skin. It can have a huge impact on a person's day-to-day life, crush self-confidence, restrict movement, lead to depression and put a huge strain on families as well as personal relationships. Our unwavering commitment to funding quality research means we won't stop until we've found cures for common skin problems like eczema and acne through to potential killers like malignant melanoma.

### For further information please contact:

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### Find us online here:

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